

ALLERGEN LIST FOR AUTUMN TERM MENU 2025

WEEK 1

MONDAY

PASTA BOLOGNESE-WHEAT, BARLEY, FISH

CHEESE-MILK

SPONGE & CUSTARD-WHEAT, EGG, MILK

TUESDAY

FISH -FISH, WHEAT, MUSTARD

PASTA BAKE-WHEAT, MILK

BANANA BREAD-WHEAT, SOYA, EGG

WEDNESDAY

GRAVY-WHEAT, SOYA

VEGETABLE SAUSAGE-WHEAT, BARLEY

CRACKERS-WHEAT

CHEESE-MILK

THURSDAY

PORK SAUSAGES-WHEAT, SULPHITE

VEGETABLE BOLOGNESE-WHEAT, SOYA, EGG

RICE KRISPIE CAKE-MILK

FRIDAY

PASTA BAKE-WHEAT, MILK

VEGETABLE BURGER-WHEAT, MUSTARD

SPAGHETTI HOOPS-WHEAT

CHOCOLATE CHIP COOKIE-WHEAT, SOYA, OATS

WEEK 2

MONDAY

VEGETABLE COTTAGE PIE -BARLEY, EGG
CHERRY SHORTBREAD -WHEAT, EGG

TUESDAY

FISH FINGERS -FISH, WHEAT
SPAGHETTI HOOPS -WHEAT
VEG NUGGETS -WHEAT, EGG, MILK
ICED SPONGE -WHEAT, EGG

WEDNESDAY

GRAVY -WHEAT
CHEESE & POTATO PIE -MILK
YOGHURT -MILK

THURSDAY

CHICKEN BURGER, WHEAT, SOYA
CHEESE & ONION SLICE -WHEAT, MILK, SOYA
SHORTBREAD -WHEAT, SOYA

FRIDAY

BEEFBURGER -WHEAT, SOYA
WEDGES -WHEAT
BUN -WHEAT
VEGETABLE BURGER -WHEAT, EGG, BARLEY
CHOCOLATE SPONGE -WHEAT, EGG
ICE-CREAM -MILK

FOR FURTHER INFORMATION PLEASE CONTACT 01544 230432

WEEK 3

MONDAY

TUNA MAYONNAISE-FISH
PASTA BAKE-WHEAT, MILK
CRUMBLE-WHEAT
CUSTARD-WHEAT & MILK

TUESDAY

PIZZA-WHEAT, MILK
CURRY-MILK
FLAPJACK-OAT, WHEAT, BARLEY

WEDNESDAY

GRAVY-WHEAT
VEG NUGGETS-WHEAT, EGG, MILK
YOGHURT-MILK

THURSDAY

STAR FISHCAKE-FISH, WHEAT
SPAGHETTI HOOPS-WHEAT
VEGETABLE BURGER-WHEAT, MUSTARD
MACARONI CHEESE-MILK, WHEAT
RICE KRISPIE CAKE-MILK

FRIDAY

SAUSAGE ROLL-WHEAT, MILK, SOYA
WEDGES-WHEAT
VEGETABLE SAUSAGE-WHEAT, BARLEY
COOKIE-WHEAT, SOYA

COLD OPTION ALLERGEN LIST

MONDAY

*HAM SANDWICH -WHEAT, SOYA,
CHEESE SANDWICH -WHEAT, SOYA, MILK
YOGHURT -MILK*

TUESDAY

*SAUSAGE ROLL -WHEAT, MILK, SOYA
VEGGIE CHICKEN SANDWICH -WHEAT, SOYA
CAKE -WHEAT, MILK, EGG*

WEDNESDAY

*TUNA MAYO BAP -WHEAT, FISH, SOYA, EGG, MUSTARD
VEGGIE HAM BAP -WHEAT, SOYA, MILK, EGG*

THURSDAY

*CHEESE SALAD BOX -WHEAT, EGG, MILK
CAKE -WHEAT, EGG, MILK*

FRIDAY

*CHICKEN PASTA BOX - WHEAT
PESTO PASTA BOX -WHEAT, MILK,
YOGHURT -MILK
CAKE -WHEAT, EGG, MILK*

GLUTEN FREE BREAD AND CAKE IS AVAILBLE

CHRISTMAS LUNCH ALLERGENS

STUFFING-BARLEY, WHEAT, SOYA

PIGS IN BLANKETS- SOYA, WHEAT

BREAD SAUCE-WHEAT, MILK

GRAVY-WHEAT, SOYA

ICE CREAM-MILK, SOYA

CHEESECAKE-WHEAT, MILK, EGG

YULE LOG-WHEAT, MILK, EGG

VEGETABLE PIE-WHEAT, MILK, EGG