

ALLERGEN LIST FOR AUTUMN TERM MENU 2026

WEEK 1

MONDAY

SAUSAGE-WHEAT, SULPHITE
GRAVY-WHEAT, SOYA
CHEESE & POTATO PIE-MILK

TUESDAY

PASTA BOLOGNESE-WHEAT, BARLEY, FISH
CHEESE & TOMATO PASTA-WHEAT, MILK
CRUMBLE-WHEAT
CUSTARD-MILK

WEDNESDAY

GRAVY-WHEAT, SOYA
CRACKERS-WHEAT
CHEESE-MILK

THURSDAY

FISH-FISH, WHEAT
VEGETABLE NUGGETS-WHEAT
ICE-CREAM-MILK

FRIDAY

BEEFBURGER-WHEAT, SOYA
BAP-WHEAT, MILK, EGG
VEGETABLE BURGER-EGG, WHEAT, MILK, BARLEY
SHORTBREAD-WHEAT

WEEK 2

MONDAY

TUNA MAYO-FISH, WHEAT
CAULIFLOWER CHEESE-WHEAT, MILK
SPONGE-WHEAT, EGG
ICE-CREAM-MILK

TUESDAY

FISHFINGERS-FISH, WHEAT,
SPAGHETTI HOOPS-WHEAT
VEGGIE BURGER-WHEAT
RICE KRISPIE CAKE-MILK

WEDNESDAY

GRAVY-WHEAT, SOYA
CHEESE-MILK
YOGHURT-MILK

THURSDAY

FISHCAKE-FISH, WHEAT
VEGETABLE SAUSAGE-WHEAT, SOYA, BARLEY
SHORTCAKE-WHEAT, EGG

FRIDAY

COTTAGE PIE-WHEAT, SOYA
MACARONI CHEESE-WHEAT, MILK
COOKIE-WHEAT

FOR FURTHER INFORMATION PLEASE CONTACT 07583 604939

WEEK 3

MONDAY

CURRY-MILK

SPAGHETTI-WHEAT, MILK

SPONGE-WHEAT, EGG, MILK

CHOC SAUCE-WHEAT, MILK

TUESDAY

PIZZA-WHEAT, MILK

RICE PUDDING-MILK

WEDNESDAY

VEGETABLE CURRY-MILK

ICED SPONGE-WHEAT, EGG

THURSDAY

SAUSAGE-WHEAT, SULPHITE

VEGETABLE SAUSAGE-SOYA, WHEAT, BARLEY

FRIDAY

CHICKEN BURGER-WHEAT

PASTA-WHEAT

VEGGIE CHICKEN NUGGETS-WHEAT, EGG, MILK

COOKIE-WHEAT, SOYA

GLUTEN FREE BREAD AND CAKE IS AVAILBLE

COLD OPTION ALLERGEN LIST

MONDAY

HAM SANDWICH WHEAT, SOYA,
CHEESE SANDWICH-WHEAT, SOYA, MILK
YOGHURT-MILK

TUESDAY

PASTA POT-WHEAT
VEGGIE HAM SALAD BAP-WHEAT, SOYA, EGG, MILK
CAKE-WHEAT, EGG, MILK

WEDNESDAY

BLT BAP-WHEAT
YOGHURT-MILK
CHEESE & ONION PASTY-WHEAT, MILK
YOGHURT-MILK

THURSDAY

TUNA SANDWICH-FISH, EGG, WHEAT, SOYA
CHEESE SANDWICH-MILK, WHEAT, SOYA
CAKE-WHEAT, EGG, MILK

FRIDAY

SAUSAGE ROLL-WHEAT, MILK, SOYA,
PESTO PASTA-WHEAT
CAKE-WHEAT, MILK, EGG

CHRISTMAS LUNCH ALLERGENS

STUFFING-BARLEY, WHEAT, SOYA

PIGS IN BLANKETS- SOYA, WHEAT

BREAD SAUCE-WHEAT, MILK

GRAVY-WHEAT, SOYA

ICE CREAM-MILK, SOYA

CHEESECAKE-WHEAT, MILK, EGG

YULE LOG-WHEAT, MILK, EGG

VEGETABLE PIE-WHEAT, MILK, EGG