# ALLERGEN LIST FOR SPRING TERM MENU 2027

## WEEK 1

MONDAY
BOLOGNESE-WHEAT, BARLEY, FISH
CURRY-MILK

TUESDAY
PASTA BAKE-WHEAT, MILK
CHEESE & TOMATO PASTA BAKE- WHEAT, MILK
SPONGE-WHEAT, EGG
CUSTARD-MILK

WEDNESDAY
GRAVY-WHEAT, SOYA
VEGETABLE NUGGETS-WHEAT
CRACKERS-WHEAT
CHEESE-MILK

THURSDAY
FISH-FISH, WHEAT
VEGETABLE BURGER-WHEAT
SHORTCAKE-WHEAT, EGG

FRIDAY
LASAGNE-WHEAT, BARLEY, FISH, MILK
GARLIC BREAD-WHEAT
VEGETABLE BURGER-EGG, WHEAT, MILK, BARLEY
SHORTBREAD-WHEAT

WEEK 2

MONDAY
CURRY-MILK
CHEESE-MILK
CUSTARD-MILK

TUESDAY
SAUSAGE- WHEAT, SULPHITE
VEGETABLE SAUSAGE-WHEAT, BARLEY
SPONGE-WHEAT, EGG, MILK
CHOCOLATE SAUCE-MILK

WEDNESDAY
GRAVY-WHEAT, SOYA
VEGGIE CHICKEN-EGG, WHEAT, SOYA
SPONGE-WHEAT, MILK

THURSDAY
BEEFBURGER-WHEAT, SULPHITE, SOYA
SPAGHETTI HOOPS-WHEAT, WHOLEWHEAT
QUICHE- WHEAT, MILK, EGG
YOGHURT-MILK

FRIDAY
FISHFINGER- FISH, WHEAT
BROCCOLI & CAULIFLOWER BAKE-WHEAT, MILK
VEGGIE NUGGETS-WHEAT
COOKIE-WHEAT

FOR FURTHER INFORMATION PLEASE CONTACT 07583 604939

WEEK 3

MONDAY
SAUSAGE-WHEAT, SULPHITE
PIZZA-WHEAT, MILK
BANANA BREAD-WHEAT, EGG

TUESDAY
TUNA MAYO- FISH, EGG
VEGETABLE SAUSAGE-WHEAT, BARLEY
PASTA BAKE-WHEAT, MILK
CUSTARD-MILK

WEDNESDAY
GRAVY-WHEAT, SOYA
CHEESE-MILK

THURSDAY
FISHCAKE-FISH, WHEAT
SPAGHETTI HOOPS-WHEAT, WHOLEWHEAT
VEGETABLE BURGER-WHEAT
RICE KRISPIE CAKE-MILK

FRIDAY
CHICKEN BURGER-WHEAT, SOYA, EGG
CHEESE & POTATO PIE-MILK
RICE PUDDING-MILK

COLD OPTION ALLERGEN LIST

MONDAY
HAM SANDWICH WHEAT, SOYA,
CHEESE SANDWICH -WHEAT, SOYA, MILK
CAKE -WHEAT, EGG, MILK

TUESDAY
SAUSAGE ROLL -WHEAT, MILK
PESTO PASTA BOX -WHEAT, MILK
YOGHURT - MILK

WEDNESDAY
HAM SANDWICH -WHEAT, SOYA
VEGGIE HAM SANDWICH -WHEAT, SOYA

THURSDAY
CHICKEN & LETTUCE SANDWICH -WHEAT, SOYA
CHEESE & TOMATO SANDWICH -WHEAT, SOYA, MILK
CAKE -WHEAT, EGG, MILK

FRIDAY
SAUSAGE ROLL - WHEAT, MILK,
CHEESE ROLL -WHEAT, MILK, SOYA, MUSTARD
YOGHURT -MILK
CAKE -WHEAT, EGG, MILK

GLUTEN FREE BREAD AND CAKE IS AVAILABLE