

ALLERGEN LIST FOR SPRING TERM 2025

WEEK 1

MONDAY

GRAVY-WHEAT, SOYA
VEGETABLE NUGGETS-WHEAT
FLAPJACK-OATS, WHEAT, BARLEY

TUESDAY

SAUSAGE-WHEAT, SULPHITE
SPAGHETTI HOOPS-WHEAT
MACARONI CHEESE-WHEAT, MILK
CRUMBLE-WHEAT
CUSTARD-MILK

WEDNESDAY

GRAVY-WHEAT, SOYA
YORKSHIRE PUDDING-WHEAT, EGG, MILK
VEGETABLE SAUSAGE-SOYA, WHEAT
CRACKERS-WHEAT
CHEESE-MILK

THURSDAY

BATTERED POLLOCK-FISH, WHEAT, MUSTARD
VEGETABLE BURGER-WHEAT, MUSTARD
CHOCOLATE CHIP SHORTBREAD-WHEAT, SOYA

FRIDAY

COTTAGE PIE-WHEAT, SOYA
CHEESE & POTATO PIE-MILK
COOKIE-WHEAT, SOYA, OATS

WEEK 2

MONDAY

FISH FINGERS- FISH, WHEAT
VEGETABLE FINGERS-WHEAT, RYE
CHOCOLATE SPONGE-WHEAT, EGG
CHOCOLATE SAUCE-MILK

TUESDAY

BBQ CHICKEN-BARLEY, WHEAT, SOYA
PASTA SALAD-WHEAT
CHEESE & TOMATO PASTA-MILK, WHEAT
VEGETABLE NUGGETS-WHEAT
CRUMBLE-WHEAT
CUSTARD-MILK

WEDNESDAY

GRAVY-WHEAT, SOYA
VEG COTTAGE PIE-EGG, BARLEY, WHEAT, SOYA
ICED SPONGE-WHEAT, EGG

THURSDAY

FISHCAKE-FISH, WHEAT, MUSTARD
VEG BOLOGNESE-EGG, BARLEY, FISH
YOGHURT-MILK

FRIDAY

BOLOGNESE-BARLEY, FISH
PIZZA-WHEAT, MILK
PASTA SALAD-WHEAT
CHERRY SHORTCAKE-WHEAT, EGG

FOR FURTHER INFORMATION PLEASE CONTACT 01544 230432

WEEK 3

MONDAY

GRAVY-WHEAT, SOYA

CHEESE-MILK

CRUMBLE-WHEAT

CUSTARD-MILK

TUESDAY

PASTA BAKE-FISH, WHEAT, MILK

VEGETABLE SAUSAGES-WHEAT, SOYA, BARLEY

RICE KRISPIE CAKE-BARLEY

WEDNESDAY

GRAVY-WHEAT, SOYA

PASTA BAKE-WHEAT, BARLEY, SOYA

CRACKERS-WHEAT

CHEESE-MILK

THURSDAY

CHICKEN BURGER-WHEAT

CHEESE SLICE-WHEAT, MILK

VEG PASTA-WHEAT

BANANA CAKE-WHEAT, EGG

FRIDAY

SAUSAGE ROLL-WHEAT, MILK, SOYA

VEGETABLE BURGER-WHEAT, MUSTARD

SPONGE-WHEAT, EGG

COLD OPTION ALLERGEN LIST

MONDAY

TUNA SANDWICH-FISH, EGG, WHEAT, SOYA, MUSTARD

VEGGIE CHICKEN SANDWICH-WHEAT, SOYA

CAKE-WHEAT, EGGS, BARLEY, OATS

TUESDAY

HAM SANDWICH-WHEAT, SOYA

CHEESE SANDWICH-WHEAT, SOYA, MILK

YOGHURT-MILK

WEDNESDAY

CHICKEN PASTA BOX-WHEAT

PESTO PASTA BOX-WHEAT

YOGHURT-MILK

THURSDAY

SAUSAGE ROLL-WHEAT, SOYA, MILK

CHEESE SALAD BOX- MILK

CAKE-WHEAT, EGG, BARLEY, OATS

FRIDAY

CHICKEN SANDWICH-WHEAT, SOYA,

CHEESE SALAD SANDWICH-MILK, WHEAT, SOYA

YOGHURT-MILK

CAKE-WHEAT, EGG, BARLEY, OATS

GLUTEN FREE BREAD AND CAKE IS AVAIALBLE